

# Structural Characterization of Biocompatible Reverse Micelles Using Small-Angle X-ray Scattering, $^{31}\text{P}$ Nuclear Magnetic Resonance, and Fluorescence Spectroscopy

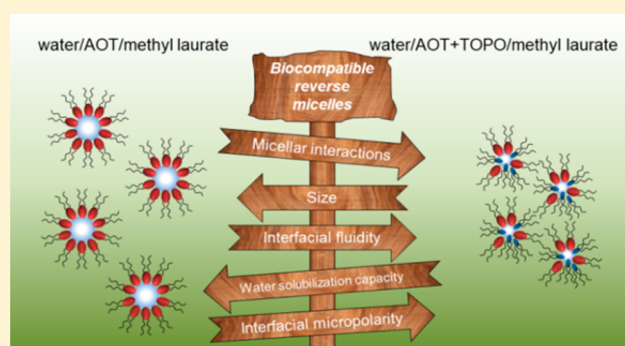
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## Supporting Information

**ABSTRACT:** The most critical problem regarding the use of reverse micelles (RMs) in several fields is the toxicity of their partial components. In this sense, many efforts have been made to characterize nontoxic RM formulations on the basis of biological amphiphiles and/or different oils. In this contribution, the microstructure of biocompatible mixed RMs formulated by sodium 1,4-bis-2-ethylhexylsulfosuccinate (AOT) and tri-*n*-octylphosphine oxide (TOPO) surfactants dispersed in the friendly solvent methyl laurate was studied by using SAXS and  $^{31}\text{P}$  NMR and by following the solvatochromic behavior of the molecular probe 4-aminophthalimide (4-AP). The results indicated the presence of RM aggregates upon TOPO incorporation with a droplet size reduction and an increase in the interfacial fluidity in comparison with pure AOT RMs. When confined inside the mixed systems, 4-AP showed a red-edge excitation shift and confirmed the increment of interfacial fluidity upon TOPO addition. Also, the partition between the external nonpolar solvent and the RM interface and an increase in both the local micropolarity and the capability to form a hydrogen bond interaction between 4-AP and a mixed interface were observed. The findings have been explained in terms of the nonionic surfactant structure and its complexing nature expressed at the interfacial level. Notably, we show how two different approaches, i.e., SAXS and the solvatochromism of the probe 4-AP, can be used in a complementary way to enhance our understanding of the interfacial fluidity of RMs, a parameter that is difficult to measure directly.



## INTRODUCTION

The use and impact of reverse micelles (RMs) have been of growing interest during the past decade in both academic and technological applications. Properties such as their small size, thermodynamic stability, dynamic character, optical transparency, and the peculiar interactions between the interface and the confined solvents are the key for chemical reactions,<sup>1–3</sup> enzymatic reactions,<sup>4–8</sup> and nanoparticle synthesis<sup>9,10</sup> performed inside them. RMs are spatially ordered macromolecular assemblies of surfactants formed in nonpolar solvents, in which the polar head groups of the surfactants point inward toward a polar core and the hydrocarbon chains point outward toward the nonpolar medium.<sup>11–13</sup> The potential application of highly biocompatible aqueous RMs to food, cosmetic, and pharmaceutical industry as solubilization media of hydrophilic, hydrophobic, and amphiphilic functional materials displayed growing interest during the last years.<sup>14–18</sup> Undoubtedly, the most critical problem regarding a biocompatible use of RMs is the potential toxicity of their partial components. In this sense, many efforts have been made to characterize nontoxic RM formulations on the basis of biological amphiphiles and/or

different oils. In particular, RM systems dissolved in isopropyl myristate (IPM), ethyl myristate (EM), ethyl palmitate (EP), and ethyl oleate (EO) are quite promising.<sup>14–19</sup> These long chain fatty acid esters are environmentally friendly with low toxicity and are highly biodegradable, and most interestingly, they show structural resemblance to the lipids in living systems.<sup>19–22</sup>

On the other hand, it has been found that the addition of nonionic surfactants to the RM interfaces formed by ionic surfactants produces significant changes in water solubilization and droplet sizes as well as modifies the water or polar solvent structure inside the nanopool.<sup>20,23–25</sup> Kundu et al.<sup>20,21</sup> explored the influence of the nonionic surfactant Tween-85 on the properties of anionic sodium 1,4-bis-2-ethylhexylsulfosuccinate (AOT) based micelle as well as RMs in fatty acid esters (EM, EP, and EO). A comprehensive investigation of the micellization behavior at different mixed molar fractions of

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Tween-85 ( $X_{\text{Tween-85}}$ ) was made by surface tension methods. Nonideal mixing behaviors along with synergistic interaction between the constituent surfactants in the mixed micelles were evidenced. Also, mixed micelles illustrate favorable micellization behavior in terms of thermodynamic parameters, and fatty acid ester medium-based mixed RMs show synergism in water solubilization capacity. Das et al.<sup>6</sup> studied the effect of replacing AOT by nonionic surfactant(s) of varying hydrophilic–lipophilic balance (HLB) on the structure, dynamics, and activity of water encapsulated in RMs formed in IPM. Furthermore, they measured the enzymatic activity of  $\alpha$ -chymotrypsin on the substrate Ala-Ala-Phe-7-amido-4-methyl coumarin and found that the enzymatic rate could either be enhanced or reduced depending on the HLB of the nonionic surfactant. Bardhan et al.<sup>26</sup> studied the mixed cetyltrimethylammonium bromide and polyoxyethylene (23) lauryl ether microemulsions stabilized in 1-pentanol and IPM. The formation of mixed surfactant microemulsions was found to be spontaneous at all compositions, whereas it was endothermic at equimolar composition.

As summarized, there is clear evidence that the properties of RMs are modified when composed of mixed surfactants. However, to the best of our knowledge, all of the studies are performed using nonionic surfactants which have a very long polar part in their moiety. Besides, most of those investigations are not focused on understanding one important parameter such as the fluidity of the interface. In view of the above, the present study aims at a precise characterization of the mixed systems formed by the AOT and the nonionic surfactant tri-*n*-octyl phosphine oxide (TOPO) dissolved in the friendly solvent methyl laurate (ML). In particular, TOPO has a very small polar head (the P=O group) in comparison with its hydrophobic chains, and has more than one hydrocarbon tail and is distinguished from those that have only a single tail. Furthermore, the great versatility in the use of TOPO in different fields lies in the complexing properties of the P=O group.<sup>27–30</sup>

Previous studies performed in our group<sup>18</sup> have shown very peculiar and interesting water properties inside AOT RMs formed in ML, and compared with the systems dispersed in IPM. The droplet size values, the maximum amount of water solubilized, and the aggregation number ( $N_{\text{agg}}$ ) of both AOT RMs are dissimilar considering the chemical structure of the external solvents, and they can be explained by taking into account the different nonpolar solvent penetration to the interface. We have also characterized the mixed system formed with AOT and TOPO in *n*-heptane, and found interesting properties in both the micellar interface and the confined water behavior.<sup>27,30</sup> We demonstrated both the existence of “bulk-like” water molecules at small  $W_0$  values and the reduction of the mixed RM size upon TOPO addition.

In this contribution, we have investigated by different techniques such as small-angle X-ray scattering (SAXS) and <sup>31</sup>P NMR spectroscopy the size and morphology of the mixed RMs dispersed in ML and the different molecular interactions between water and the mixed interface at  $W_0$  ( $W_0 = [\text{H}_2\text{O}]/([\text{AOT}] + [\text{TOPO}])) = 2$ . In addition, we have introduced the molecular probe 4-aminophthalimide (4-AP) to explore the different environment properties. It is known that 4-AP is an excellent probe because its fluorescence lifetimes, spectra, and quantum yields are affected greatly by its microenvironment.<sup>31–33</sup> We want to take advantage of the dependence of

the emission band with the excitation wavelength in order to investigate complex systems like mixed RMs.

The results show that, by increasing the molar fraction of TOPO ( $X_{\text{TOPO}} = [\text{TOPO}]/([\text{AOT}] + [\text{TOPO}]))$ , the water solubilization capacity diminished drastically. SAXS experiments show that mixed RMs at  $W_0 = 2$  are formed spontaneously in every AOT:TOPO mixture investigated, and the droplet sizes decrease as the TOPO content increases. The data also suggest an increase in the droplet fluidity and the presence of the RM aggregates at higher  $X_{\text{TOPO}}$ . The probe 4-AP undergoes a partition process between the external nonpolar solvent and the RM interface, and this feature was used to obtain the “operational” critical micellar concentration ( $\text{cmc}_{\text{op}}$ ) of every system investigated. Also, the solvatochromic study of 4-AP shows that the probe is capable of monitoring both an increase in the local micropolarity and the capability to form hydrogen bond (H-bond) interaction between 4-AP and the mixed interface when  $X_{\text{TOPO}}$  increases. Thus, we demonstrate the mixed RM formation using the friendly ML solvent and how the TOPO addition changes considerably the RM properties, especially the interfacial fluidity. Under this perspective, the present mixed surfactant systems combine the unique characteristics of the water confined into AOT RMs and the complexity features of TOPO surfactant, in order to generate a special soft template for nanoparticle synthesis, a venue that we are currently investigating.

## ■ EXPERIMENTAL SECTION

**Materials.** Sodium 1,4-bis(2-ethylhexyl) sulfosuccinate (AOT) and tri-*n*-octyl phosphine oxide (TOPO) were purchased from Sigma and were dried under a vacuum prior use. Methyl laurate (ML) from Sigma (HPLC quality) was used without purification and stored over molecular sieves (4 Å) before use. The molecular probe 4-aminophthalimide (4-AP) from Sigma was purified by repeated recrystallization from ethanol.<sup>31</sup> Doubly distilled water of conductivity less than 5  $\mu\text{S cm}^{-1}$  was used in the experiments.

**Methods.** AOT and TOPO were individually dissolved in ML at a concentration of 0.25 M to prepare the respective stock solutions and then mixed in the desired proportions.  $X_{\text{TOPO}}$  was varied from 0 to 1 in water solubilization capacity experiments and from 0 to 0.7 for both SAXS and spectroscopic experiments in the mixed systems. Aliquots of these stock solutions were used to make individual mixed RM solutions with different water contents ( $W_0$ ). Water was incorporated into each micellar solution by using calibrated microsyringes. The solutions were agitated in a sonicating bath until the microemulsion was optically clear. A stock solution of 4-AP ( $1 \times 10^{-3}$  M) was prepared in acetonitrile (Sintorgan, HPLC quality). The appropriate amount of this solution to achieve a final concentration of  $1 \times 10^{-4}$  M of the probe in the micellar medium was transferred into a volumetric flask, and the solvent was evaporated by bubbling dry  $\text{N}_2$ ; then, ML was added to the residue and the resulting solution was used to prepare the surfactant containing samples. To a cell containing 2 mL of 4-AP ( $1 \times 10^{-4}$  M) in ML were added different amounts of surfactant and molecular probe stock solutions to obtain a given concentration of surfactant in the micelle media. Therefore, the absorption and emission of the probe were not affected by dilution. The lowest value for  $W_0$  ( $W_0 = 0$ ) corresponds to a system without the water addition.

**General.** SAXS experiments were performed at INIFTA (La Plata, Argentina, project “Nanopymes”, EuropeAid/132184/D/

SUP/AR-Contract 331-896) facilities using XEUS 1.0 equipment from XENOCs with a  $K\alpha$  Cu radiation microsource ( $\lambda = 0.154$  nm). A PILATUS-100K detector was used with a 543.4 mm sample to detector distance, which was calibrated using silver behenate. One-dimensional curves were obtained by integration of the 2D data using the Foxtrot program (software developed on the SWING beamline).<sup>34</sup> The scattering intensity distributions as a function of the scattering vector ( $q$ ) were obtained in the  $q$  range between 0.056 and 0.500  $\text{\AA}^{-1}$ . The samples were placed in borosilicate glass capillary tubes of 1.5 mm diameter and 10  $\mu\text{m}$  wall thickness. The scattering data were corrected for the background scattering from both the capillary tubes and the ML solvent. Data was analyzed using the indirect transformation procedure of Glatter.<sup>35</sup> The pair distance distribution function  $\rho(r)$  was obtained by Fourier transform of the scattering intensity  $I(q)$  as

$$\rho(r) = \frac{1}{2\pi^2} \int_0^\infty r q I(q) \sin(qr) dq \quad (1)$$

$$q = \frac{4\pi}{\lambda} \sin \frac{\theta}{2} \quad (2)$$

where  $q$  is the amplitude of the scattering vector,  $\theta$  and  $\lambda$  are the scattering angle and the X-ray wavelength, respectively, and  $r$  is the distance in real space. The  $\rho(r)$  function depends on the particle geometry and on the inner heterogeneity of the scattering density distribution in the particle, and their shape directly reflects the form of the RM droplets.<sup>36</sup> The gyration radius ( $R_g$ ) was calculated in two ways: (i) By using the Guinier plot (eq 4) on the data sets in a defined small  $q$  range ( $q \rightarrow 0$ ), we determined the value of  $R_g$  by using Guinier's law:<sup>35</sup>

$$I(q)_{q \rightarrow 0} = I_0 e^{-(q^2 R_g^2/3)} \quad (3)$$

$$\ln I(q)_{q \rightarrow 0} = \ln I_0 - \frac{q^2 R_g^2}{3} \quad (4)$$

(ii) By using the following equation<sup>36</sup>

$$R_{g,r}^2 = \frac{\int_0^{D_{\max}} \rho(r) r^2 dr}{2 \int_0^{D_{\max}} \rho(r) dr} \quad (5)$$

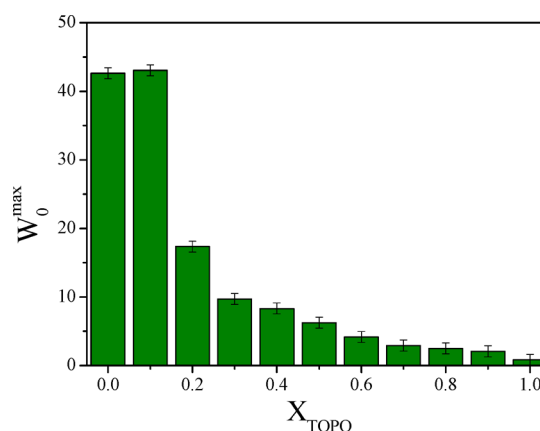
where  $D_{\max}$  is the maximum diameter of the particle, which is estimated from the  $\rho(r)$  function satisfying the condition  $\rho(r) = 0$  for  $r > D_{\max}$ . In eq 5,  $R_{g,r}$  means that the determination was in real space.

We have also performed <sup>31</sup>P NMR, steady state absorption, and emission spectroscopy measurements. The instrumentation section is discussed in the Supporting Information in detail (section 2).

## RESULTS AND DISCUSSION

**1. Water Solubilization Capacity ( $W_0^{\max}$ ).** Water solubilization capacities ( $W_0^{\max}$ ) of AOT:TOPO mixed systems (at  $X_{\text{TOPO}} = 0 \rightarrow 1.0$ ) in ML at 25.0  $^\circ\text{C}$  are presented in Figure 1. The single AOT system ( $X_{\text{TOPO}} = 0$ ) has been observed to solubilize a substantial amount of water,  $W_0^{\max} \sim 43$ , which is consistent with the literature reports.<sup>18</sup> When the  $X_{\text{TOPO}}$  increases, the  $W_0^{\max}$  diminishes dramatically until  $W_0^{\max} \sim 1$  for the single TOPO/ML system.

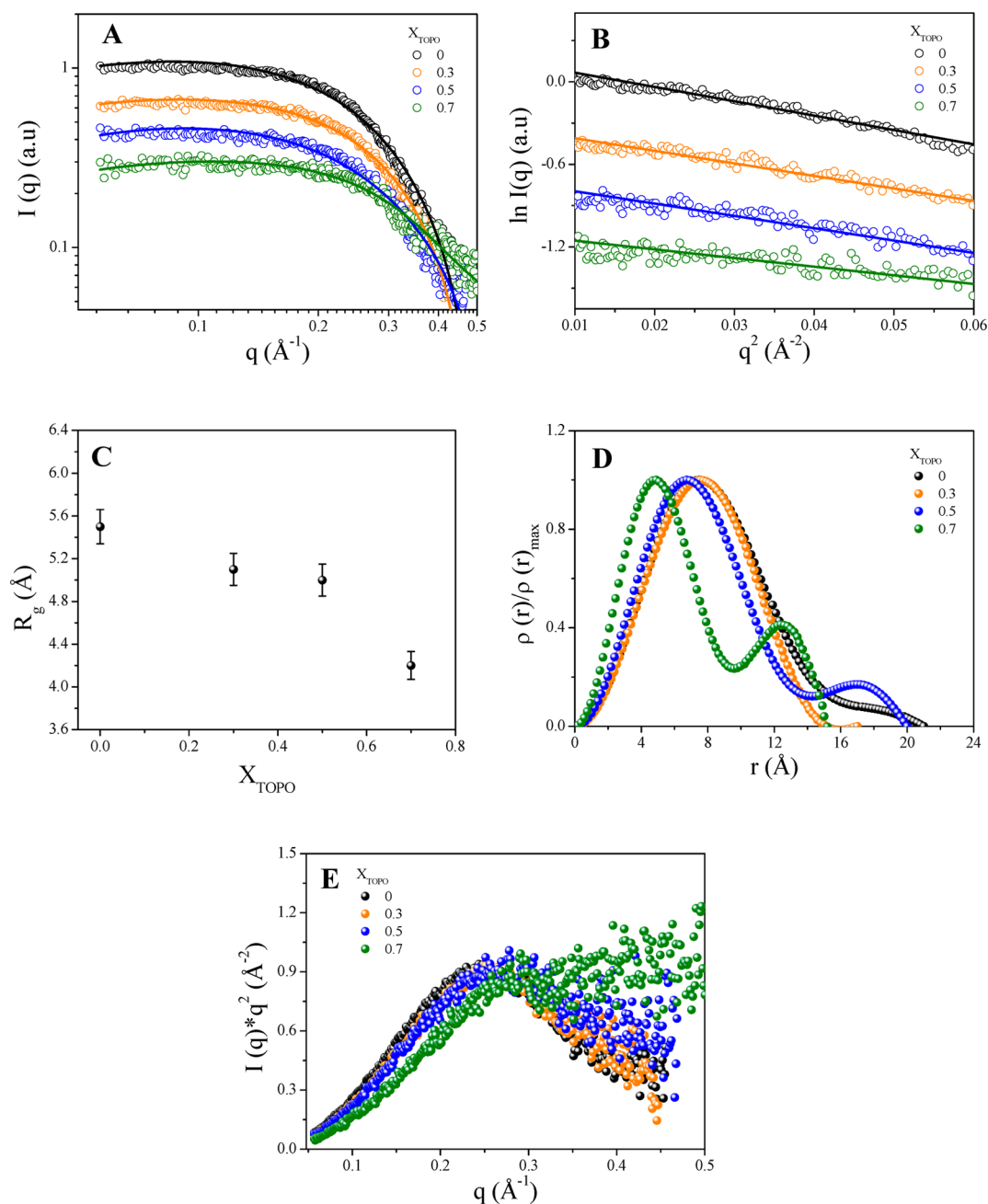
The water solubilization capacities of RMs are determined by two phenomenological parameters such as the spontaneous curvature and the elasticity of the interfacial film, which are



**Figure 1.** Maximum amount of water solubilized ( $W_0^{\max}$ ) in AOT:TOPO/ML mixed systems as a function of  $X_{\text{TOPO}}$ .  $[\text{Surf.}]_{\text{T}} = 0.1$  M.

influenced by the constituents of the systems and the experimental conditions.<sup>37,38</sup> In order to understand the factors that control the water solubilization capacity in these biocompatible systems, we performed SAXS experiments and we also take advantage of the solvatochromic behavior of a molecular probe sensible to different interfacial properties; the results are shown later in the work. A question may arise here of whether the water is effectively encapsulated by the surfactants creating mixed RM media at every  $X_{\text{TOPO}}$  investigated. In this sense, SAXS is a powerful technique for direct structural investigations of the systems with the inner structuration falling in the colloidal domain.<sup>36,39</sup>

**2. Small-Angle X-ray Scattering (SAXS) Studies.** SAXS measurements were carried out on the water/AOT:TOPO/ML systems at  $W_0 = 2$  and different  $X_{\text{TOPO}}$ , where all of the systems investigated exist in an isotropic single liquid phase. Figure 2 presents (A) the scattering functions,  $I(q)$ , (B) the Guinier plot ( $\ln I(q)$  vs  $q^2$ ), (C) the radius of gyration ( $R_g$ ) as a function of  $X_{\text{TOPO}}$ , (D) the resulting pair-distance distribution functions,  $\rho(r)$ , and (E) the Kratky plot ( $I(q) \cdot q^2$  vs  $q$ ). Here, we point out that, since the chemical compositions of both the hydrocarbon oil and the hydrophobic part of the surfactants are similar, SAXS selectively detects the hydrophilic core of the RMs. Therefore,  $\rho(r)$  must be recognized as a measure of the micellar core structure.<sup>36,40,41</sup> The forward scattering intensity,  $I(q \rightarrow 0)$ , reaches  $q = 0$  parallel to  $q$ -axis for the water/AOT/ML and water/AOT:TOPO/ML systems, indicating the formation of spheroid type RMs.<sup>36,42</sup> For water/AOT:TOPO/ML mixed systems,  $I(q)$  in the small  $q$  region decreases with increasing  $X_{\text{TOPO}}$ , and in the high  $q$  region (or cross-section region), it shifts apparently toward the forward direction. These features of the scattering curves reflect a decrease in the micellar size with increasing TOPO content. The  $R_g$  values are shown in Figure 2C, and both  $R_g$  and those calculated from the  $\rho(r)$  plot ( $R_{g,r}$ ) are listed in Table S1 in the Supporting Information. Values of comparable magnitude were observed by Zhang et al.<sup>36</sup> for AOT RMs dissolved in analogous friendly oil like IPM at the same  $W_0$  in the presence of different alcohol types. As can be seen, Figure 2C and the values listed in Table S1 will reflect the size reduction with increasing TOPO content. The higher amount of TOPO at the interface layer produces smaller mixed RMs. Thus, the AOT:TOPO/ML mixed system can solubilize less water than the AOT/ML RMs, and upon



**Figure 2.** (A) Scattering intensities,  $I(q)$ , (B) the Guinier plot, (C) the radius of gyration ( $R_g$ ) as a function of  $X_{\text{TOPO}}$ , (D) the corresponding normalized pair-distance distribution functions,  $\rho(r)/\rho_{\text{max}}$  deduced from the GIFT analysis, and (E) the Kratky plot for water/AOT:TOPO/ML mixed RMs at  $W_0 = 2$  and different  $X_{\text{TOPO}}$ . The solid lines in panel A represent the GIFT fit.

increasing the  $X_{\text{TOPO}}$  value, the solubilization capacity of the mixed systems decreases (see Figure 1).

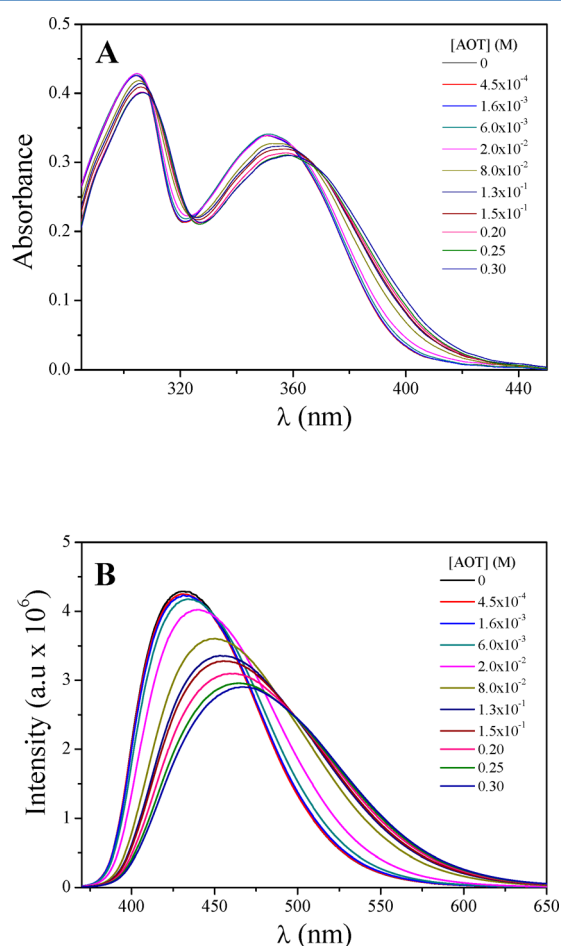
The features in reciprocal space are well manifested in the real-space functions in a more intuitive way. In this sense, the  $\rho(r)$  function is calculated according to eq 1 and shown in Figure 2D. For the water/AOT/ML system, the curve presents a slightly asymmetric bell-shaped peak, suggesting that the RMs have a slightly elongated but nearly spherical shape.<sup>36,42</sup> The peak apparently shifts to lower  $r$  with increasing  $X_{\text{TOPO}}$ , indicating the decrease of the micellar size in mixed RMs, which is in good agreement with the results shown in Figure 2A, Figure 2C, and Table S1. We can also verify that, for higher TOPO content at the region near  $D_{\text{max}}$  the distribution curve shows a behavior related to possible interactions between

micellar structures that constitute the system, since the curve shows oscillations around this region.<sup>43</sup> In this sense, the bell-shaped peak profile accompanies a low hump or shoulders, particularly for  $X_{\text{TOPO}} \geq 0.5$ , mostly located twice or thrice distance compared with the positions of the first maximums in the  $\rho(r)$  functions. The maximum peak in the  $\rho(r)$  curve can be related to very small structures like discrete droplets and the shoulder or the low hump peak to larger structures like oligomeric species such as dimers or trimers due the strong interactions between RMs.<sup>36,44</sup> Thus, this indicates that a large proportion of RMs are discrete droplets with a small proportion of oligomers in the system.

We use the Kratky plot (Figure 2E) to describe a qualitative approach of the structural characteristic such as interfacial

fluidity.<sup>45,46</sup> In the Kratky plot, the scattering curve for RMs with a rigid interface exhibits a peak roughly shaped like a parabola. In contrast, RMs with fluid interfaces lack this characteristic peak and the curve profile increases monotonically in the large  $q$  region.<sup>45,46</sup> In this sense, it can be deduced from Figure 2E that the interface of water/AOT/ML RMs is rigid, and the surfactant AOT forms a compact organized system in the biocompatible solvent. When the  $X_{\text{TOPO}}$  content increases, the curve loses progressively its bell-shaped peak, suggesting that the nonionic surfactant increases the mixed interfacial fluidity. The presence of the nonionic surfactant shields the AOT headgroup repulsion, making the interface more fluid.<sup>20,47</sup> The induced fluidity in turn increases the attractive interaction between the droplets, produces shape fluctuations, facilitates clustering of RMs, and thereby limits the water solubilization capacity.<sup>6</sup>

**3. Spectroscopic Studies of 4-AP.** *a. Absorption and Stationary Emission Studies of 4-AP.* Figure 3A shows the 4-



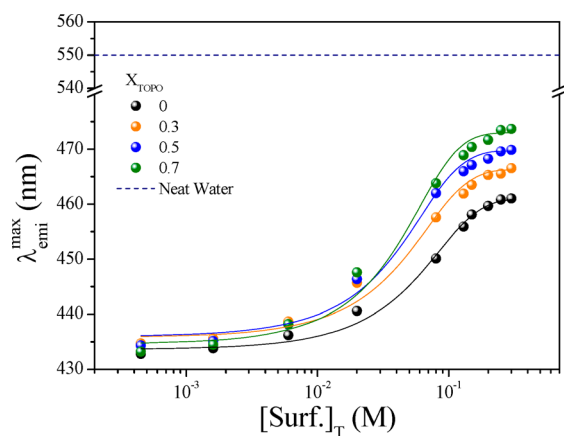
**Figure 3.** 4-AP absorption (A) and emission (B) spectra in water/AOT/ML pure RMs upon increasing the [AOT] at  $W_0 = 2$ .  $\lambda_{\text{exc}} = 350$  nm.  $[4\text{-AP}] = 1 \times 10^{-4}$  M.

AP absorption spectra by varying the surfactant concentration in the water/AOT/ML pure system at  $W_0 = 2$ . As can be seen, the absorption spectra consist of two bands corresponding to different electronic transitions: (i) the band around 300 nm assigned to the  $S_0 \rightarrow S_2$  ( $\pi-\pi^*$   $S_2$ -LE) transition, named the  $B_2$  band, and (ii) the band around 350 nm assigned to the  $S_0 \rightarrow S_1$  ( $S_1$ -ICT) transition, that we will denote as the  $B_1$  band.<sup>31</sup>

In Figure 3A, it is observed also that there is a small bathochromic shift in the absorption maximum of both bands when the [AOT] increases, with the  $\lambda_{\text{max}}B_1$  shift being greater than that for  $\lambda_{\text{max}}B_2$ . Furthermore, there is a slight change in the relative absorption intensity of both bands.

On the other hand, in the emission spectra shown in Figure 3B, it can be seen that 4-AP shows a single emission band with maximum emission ( $\lambda_{\text{emi}}^{\text{max}}$ ) at 434 nm in neat ML shifting bathochromically, toward  $\lambda_{\text{emi}}^{\text{max}} = 461$  nm, as the surfactant concentration increases. Also, an increase in bandwidth and a decrease in the emission intensity are observed. Similar emission spectra were recorded for water/AOT:TOPO/ML mixed RMs for different  $X_{\text{TOPO}}$  at  $W_0 = 0$  and 2 (see Figures S1 and S2, respectively). The decrease in the emission intensity is most likely due to an increase of the internal conversion rate as a consequence of the decrease in the separation between  $S_1$  and  $S_0$  after micellization. The enhancement on the H-bonding with the interfacial water may also be partly responsible for the reduction in fluorescence intensity.<sup>48</sup> Therefore, the emissive behavior indicates an increase in the interfacial micropolarity due to the polar head solvation. The effect of both the water confinement and the location of the probe can be observed in Figure S3 in the Supporting Information, which shows the absorption and the normalized emission spectra of 4-AP in both neat water and pure water/AOT/ML RMs at  $W_0 = 2$ . As can be seen, the  $\lambda_{\text{emi}}^{\text{max}}$  of 4-AP is 89 nm blue-shifted compared to those in neat water ( $\lambda_{\text{emi}}^{\text{max}} = 550$  nm),<sup>49</sup> suggesting that the confined water in water/AOT/ML RMs is substantially less polar than neat water.<sup>49</sup>

Figure S4 in the Supporting Information and Figure 4 show the  $\lambda_{\text{emi}}^{\text{max}}$  values for 4-AP varying the  $[\text{Surf.}]_T$  in water/



**Figure 4.** Variation of  $\lambda_{\text{emi}}^{\text{max}}$  of 4-AP with  $[\text{Surf.}]_T$  for water/AOT:TOPO/ML mixed RMs at  $W_0 = 2$  and different  $X_{\text{TOPO}}$ .  $\lambda_{\text{exc}} = 350$  nm. The neat water value (---) is included for comparison.<sup>49</sup> The solid lines represent the sigmoidal fit using eq 6.  $[4\text{-AP}] = 1 \times 10^{-4}$  M.

AOT:TOPO/ML mixed systems at different  $X_{\text{TOPO}}$  and  $W_0 = 0$  and  $W_0 = 2$ , respectively. A progressive red shift of  $\lambda_{\text{emi}}^{\text{max}}$  with increasing  $[\text{Surf.}]_T$  to  $\sim 0.15$  M was observed, remaining practically constant above this concentration. The profiles were all sigmoidal in nature and herein employed for critical micellar concentration (cmc) evaluation by fitting them with a Sigmoidal-Boltzmann equation (eq 6)

$$A = \frac{a_i - a_f}{1 + e^{(x-x_0)/\Delta x}} + a_f \quad (6)$$

**Table 1.** Operational Critical Micellar Concentration ( $\text{cmc}_{\text{op}}$ ), Partition Constants ( $K_{\text{p}}$ ), and REES ( $\Delta\lambda_{\text{emi}}^{\text{max}}$ ) Values for 4-AP in Pure and Mixed Water/AOT:TOPO/ML Reverse Micelles at  $W_0 = 0$  and 2

$X_{\text{TOPO}}$	$\text{cmc}_{\text{op}}$ (mM)		$K_{\text{p}}$ ( $\text{M}^{-1}$ )		$\Delta\lambda_{\text{emi}}^{\text{max}}$ (nm)	
	$W_0 = 0$	$W_0 = 2$	$W_0 = 0$	$W_0 = 2$	$W_0 = 0$	$W_0 = 2$
0	16 ± 1	12 ± 2	4.6 ± 1.0	4.5 ± 0.3	17.4	14.0
0.3	15 ± 3	10 ± 2	8.6 ± 0.8	9.7 ± 0.9	11.6	8.7
0.5	13 ± 2	11 ± 1	11.4 ± 0.5	10.7 ± 0.4	8.4	5.8
0.7	12 ± 1	11 ± 2	12.0 ± 0.3	13.0 ± 0.8	7.6	2.6

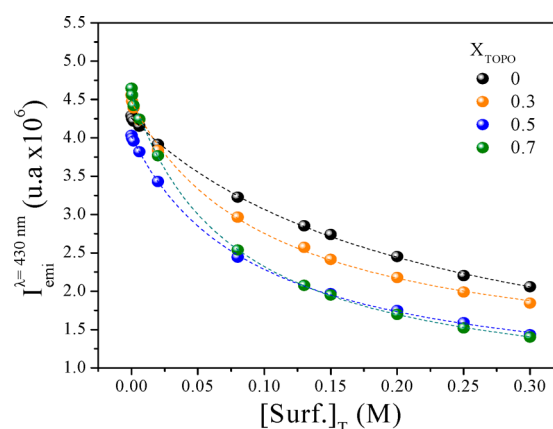
where the variable  $A$  corresponds to the  $\lambda_{\text{emi}}^{\text{max}}$  value, the independent variable ( $x$ ) is  $[\text{Surf.}]_{\text{T}}$ ,  $a_i$  and  $a_f$  are the initial and final asymptotes of the sigmoid, respectively,  $x_0$  is the center of the sigmoid, and  $\Delta x$  is the parameter which characterizes the steepness of the function. The sigmoidal plot produces the cmc value at  $x_0$ ,<sup>50</sup> and the values for pure and mixed RMs at  $W_0 = 0$  and 2 are listed in Table 1. It is customary to define this concentration value as the “operational cmc” ( $\text{cmc}_{\text{op}}$ ), since the cmc values depend on the method used to determine it.<sup>12,51</sup>

As can be seen in Figure 4, the profiles present a smooth variation in the  $\lambda_{\text{emi}}^{\text{max}}$  as a function of the  $[\text{Surf.}]_{\text{T}}$ . This behavior could reflect self-assembled systems that follow a sequential type association model.<sup>12</sup>

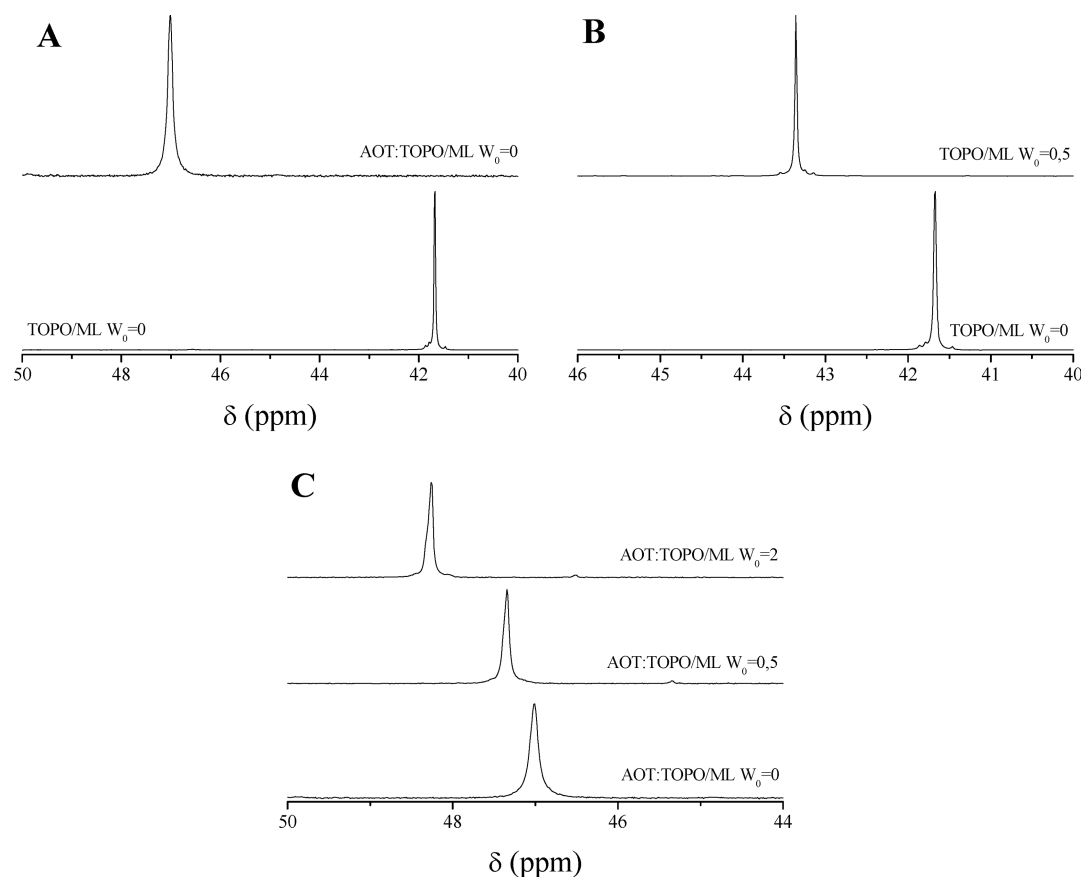
The bathochromic shift exhibited in Figure 4 with increasing  $[\text{Surf.}]_{\text{T}}$  indicates the change in micropolarity of the environment surrounding the probe molecule from the nonpolar organic phase to a higher polarity microenvironment provided by the surfactant self-organization. Thus, on the basis of the known behavior of this molecular probe,<sup>31,52,53</sup> it can be deduced that the micropolarity of the microenvironment sensed by 4-AP increases in comparison to pure ML when the surfactant concentration increases. Indeed, 4-AP emits from two different microenvironments: the organic nonpolar pseudophase and the pure or mixed RM interfaces. Hence, it is possible to quantify the partition behavior of 4-AP taking into account the pseudophase model,<sup>12,54</sup> by means of eq 7 (see calculation procedure of 4-AP partition constants in the Supporting Information, sections 3 and 4). In this equation,  $I_0$ ,  $I_{\text{emi}}^{\lambda=430\text{nm}}$ ,  $\phi_{\text{f}}$ , and  $\phi_{\text{b}}$  are the incident light, the fluorescence intensity at  $\lambda_{\text{emi}}^{\text{max}} = 430$  nm measured at the surfactant concentration considered, the fluorescent quantum yield of 4-AP in the organic solvent, and the fluorescent quantum yield of 4-AP bound to the RM interface (gathered in Table S2 of the Supporting Information), respectively. Figure 5 shows representative plots of the 4-AP emission intensity at  $\lambda_{\text{emi}}^{\text{max}} = 430$  nm as a function of  $[\text{Surf.}]_{\text{T}}$  in the water/AOT:TOPO/ML mixed RMs at  $W_0 = 2$  and different  $X_{\text{TOPO}}$ . The experimental data were fitted by eq 7 using a nonlinear regression method, and the partition constant ( $K_{\text{p}}$ ) values obtained are gathered in Table 1. The  $K_{\text{p}}$  values obtained in different mixed RMs at  $W_0 = 0$  are also included.

$$I_{\text{emi}}^{\lambda=430\text{nm}} = \frac{I_0(\phi_{\text{f}} + \phi_{\text{b}}K_{\text{p}}[\text{Surf.}]_{\text{T}})}{(1 + K_{\text{p}}[\text{Surf.}]_{\text{T}})} \quad (7)$$

It should be noted that the bathochromic shift is always observed when  $X_{\text{TOPO}}$  increases at fixed  $[\text{Surf.}]_{\text{T}}$  (Figures S4 and 4). Also, this change is magnified once the aggregates are formed ( $[\text{Surf.}]_{\text{T}} > \text{cmc}_{\text{op}}$ ). Then, we can argue that the probe is capable of monitoring (i) an increase in the local micropolarity and/or (ii) an increase in the capability to form H-bond interaction between 4-AP and mixed interface. Although TOPO is a nonionic surfactant, the micropolarity

**Figure 5.** Representative plot of the 4-AP emission intensity at  $\lambda_{\text{emi}} = 430$  nm as a function of  $[\text{Surf.}]_{\text{T}}$  in the water/AOT:TOPO/ML mixed RMs at  $W_0 = 2$  and at different  $X_{\text{TOPO}}$ . The data were fitted using eq 7.  $[4\text{-AP}] = 1 \times 10^{-4}$  M.

sensed by 4-AP increases with TOPO incorporation which might suggest the existence of another factor that has an influence on  $\lambda_{\text{emi}}^{\text{max}}$ . Durantini et al.<sup>31</sup> have made the Kamlet–Taft solvatochromic comparison method (KTSCM) monitoring the frequencies corresponding to the  $B_1$  absorption band and the emission frequencies corresponding to the emission maxima obtained exciting at  $\lambda_{\text{max}}B_1$  and  $\lambda_{\text{max}}B_2$ . The KTSCM parameters obtained from the emission bands at the two monitored excitation wavelengths show the same values, and the coefficients that measure the relative sensitivity of the frequencies to the polarity/polarizability ( $\pi^*$ ) and H-bond acceptance (or electron pair donation ability to form a coordinated bond,  $\beta$ ) are similar.<sup>31</sup> This implies that 4-AP emission comes from a unique excited state which is affected in equal proportions for both the polarity and the H-bond acceptance or electron pair donation ability of the media. It is interesting to note that 4-AP does not show any effect on its quantum yield when it acts as a hydrogen bond donor.<sup>31</sup> Probably, the H-bond interaction of 4-AP is stronger with the TOPO polar head than the AOT polar head at the interface. Consequently, this interaction could provide an additional stability of the  $S_1$ –ICT state and have an influence on the different emission maxima observed. This behavior is supported from the well-known coordinating features of the phosphorus compound, considering the electronic properties of the trialkyl-substituted P=O group.<sup>27–30</sup> The fact that there is a bathochromic shift of  $\lambda_{\text{emi}}^{\text{max}}$  and a trend toward the value in neat water would indicate a gradual weakening in the water–mixed interface interaction due to TOPO addition. On the other hand, the  $K_{\text{p}}$  values increase when the  $X_{\text{TOPO}}$  increases (see Table 1). Interestingly, not significant changes were observed in  $K_{\text{p}}$  values by varying the water content. However, as mentioned above, there is a clear drop in the emission



**Figure 6.**  $^{31}\text{P}$  NMR spectra for (A) TOPO/ML pure and AOT:TOPO/ML ( $X_{\text{TOPO}} = 0.5$ ) mixed systems at  $W_0 = 0$ , (B) water/TOPO/ML pure system at different  $W_0$  ( $W_0 = 0$  and  $0.5$ ), and (C) water/AOT:TOPO/ML ( $X_{\text{TOPO}} = 0.5$ ) mixed systems at different  $W_0$  ( $W_0 = 0$ ,  $0.5$ , and  $2$ ).

intensity when 4-AP is confined in the mixed RMs at  $W_0 = 2$ . The behavior could be only explained taking account of the  $\phi_b$  values of the probe at the two different  $W_0$  values. As can be seen in Table S2, the  $\phi_b$  values at  $W_0 = 2$  are almost 4 times lower than the  $\phi_b$  values reported in the systems without water addition ( $W_0 = 0$ ). This fact shows what is also already known for 4-AP: the emission quantum yield decreases in solvents which are polar and protic and much more in water.<sup>31</sup> Also, from Table S2, an independency on the  $\phi_b$  values with the TOPO concentration can be seen, which shows that the quantum yield of the molecule is not affected by the hydrogen bond acceptor abilities of the surrounding.<sup>31</sup> On the other hand, the weak water–mixed interface interaction due to the TOPO addition makes the water/AOT:TOPO/ML mixed RM interface more fluid than the water/AOT/ML pure RMs, which favors the 4-AP partition toward the RM pseudophase and explains the increase in  $K_p$ . Also, the H-bond interaction between 4-AP and TOPO seems to be a powerful driving force for the molecular probe to reach the mixed RM interface.

**b. Red-Edge Excitation Shift (REES) Studies.** A direct consequence of organized systems is the restriction imposed on the dynamics and mobility of their constituent structural units. Wavelength-selective fluorescence comprises a set of approaches based on the red edge effect in fluorescence spectroscopy, which can be used to directly monitor the environment and dynamics around a fluorophore in different complex systems.<sup>55–57</sup> A shift in the wavelength of maximum fluorescence emission toward higher wavelengths, caused by a shift in the excitation wavelength toward the red edge of the absorption band, is known as the red edge excitation shift

(REES) phenomenon.<sup>57,58</sup> This effect is mostly observed with polar fluorophores in motion restricted media such as very viscous solutions or condensed phases where the dipolar relaxation time of the solvent shell around a fluorophore is comparable to or longer than its fluorescence lifetime.<sup>57</sup> REES arises from slow rates of solvent relaxation (reorientation) around an excited state of the fluorophore, which is a function of the motional restriction imposed on the solvent molecules in the immediate vicinity of the fluorophore. Utilizing this approach, it becomes possible to probe the mobility parameters of the environment itself (which is represented by the relaxing solvent molecules) using the fluorophore merely as a reporter group.<sup>59</sup>

An example is shown in Figure S5 for the 4-AP emission spectra, exciting at  $\lambda_{\text{exc}} = 350$  nm and  $\lambda_{\text{exc}} = 400$  nm (the red edge of the band), in the water/AOT/ML system at  $W_0 = 0$ . Identical experiments were made (data not shown) for all of the systems studied. For 4-AP, the magnitude of REES ( $\Delta\lambda_{\text{emi}}^{\text{max}}$ ) was defined as the difference in the emission maximum wavelength when exciting at  $\lambda_{\text{exc}} = 400$  nm and  $\lambda_{\text{exc}} = 350$  nm at  $[\text{Surf.}]_T = 0.1$  M:  $\Delta\lambda_{\text{emi}}^{\text{max}} = (\lambda_{\text{emi}}^{\text{max}})_{\text{exc}=400\text{ nm}} - (\lambda_{\text{emi}}^{\text{max}})_{\text{exc}=350\text{ nm}}$ . Table 1 summarizes the REES values obtained. For AOT pure RMs in the absence of water ( $W_0 = 0$ ), the  $\Delta\lambda_{\text{emi}}^{\text{max}} = 17.4$  nm found reflects the motion constrained environment that 4-AP senses at the interface. Similar results have previously been obtained for this probe in other RMs.<sup>58</sup> For mixed RMs (see Table 1), the decreases in the REES values with increasing  $X_{\text{TOPO}}$  suggest that the interface becomes progressively more fluid with TOPO incorporation. Upon water addition, it can be seen that, for both pure and mixed RMs, the  $\Delta\lambda_{\text{emi}}^{\text{max}}$  values decrease,

suggesting that the dye's environment becomes significantly more fluid due to the interface hydration. This phenomenon is well-known for many RMs<sup>31,58,59</sup> and corroborates the formation of the systems in the friendly solvent. When comparing systems with the same water content ( $W_0 = 2$ ), it can be seen that the TOPO incorporation decreases the REES magnitude. The decrease in the translation and rotation dynamics of water molecules interacting strongly with the AOT polar head is one of the causes for the REES effect manifestation.<sup>31,58,59</sup> From this point of view, the presence of TOPO in the mixed interface would cause the progressive weakening in the water–mixed interface interaction and release of the hydration water, implying the gradual recovery of the polar solvent mobility and the lower REES values observed. This dehydration of the micellar interface is found to be essential for the size control of micellar aggregates,<sup>60</sup> and the decrease in the REES effect due to the  $X_{\text{TOPO}}$  increase supports the RM size modification (see Figure 2C), the changes observed in the Kratky representations (see Figure 2E), and the partition behavior of 4-AP (see Table 1).

**4. <sup>31</sup>P NMR Spectroscopy Studies.** In order to gain more insight about the water–surfactant interactions and their impact on the counterion–surfactant interaction at the interface, we investigated the biocompatible mixed RMs using <sup>31</sup>P NMR spectroscopy. Figure 6 shows <sup>31</sup>P NMR spectra for pure TOPO/ML and AOT:TOPO/ML systems without and with water as described in the figure caption. The different peak positions of the P=O group of TOPO in homogeneous and micellar media are listed in Table 2. The P=O signal of the

**Table 2.** <sup>31</sup>P NMR Chemical Shifts of the P=O Group for TOPO in Homogeneous and Micellar Media

systems	$X_{\text{TOPO}}$	$W_0$	chemical shift (ppm)
TOPO/CDCl <sub>3</sub>	1	0	47.9 <sup>a</sup>
AOT:TOPO/CDCl <sub>3</sub>	0.5	0	47.8 <sup>a</sup>
TOPO/ML	1	0	41.7
water/TOPO/ML	1	0.5	43.4
AOT:TOPO/ML	0.5	0	47.0
water/AOT:TOPO/ML	0.5	0.5	47.3
water/AOT:TOPO/ML	0.5	2	48.3

<sup>a</sup> $\delta$  values obtained from ref 27.

TOPO/ML system is around  $\delta = 41.7$  ppm and undergoes a downfield shift to  $\delta = 47.0$  ppm with the AOT incorporation (see Figure 6A and Table 2). This behavior is due to the large affinity of TOPO for Na<sup>+</sup> counterions at the interface; the strong interaction between the P=O group and Na<sup>+</sup> causes a pronounced decrease in the electron density of the valence orbitals of phosphorus, explaining the downfield shift observed.<sup>27,30</sup> By contrast, the situation is different when the surfactants are dissolved in polar solvents such as chloroform, where no formation of RMs is observed. Accordingly, the change in the  $\delta$  is insignificant (see Table 2). Although chloroform is not polar enough, the  $\delta$  for TOPO/CDCl<sub>3</sub> and water/AOT:TOPO/ML are quite similar. As shown in our previous work, when the Kamlet–Taft solvatochromic comparison method was performed on the probe 4-AP, we used the following values for chloroform: polarity/polarizability parameter ( $\pi^*$ ) = 0.58, hydrogen bond acceptance or electron pair donation ability to form a coordinated bond ( $\beta$ ) = 0.1, and hydrogen bond donation ability of the solvent ( $\alpha$ ) = 0.44.<sup>31,61</sup> Since  $\pi^*$  and  $\alpha$  parameters have comparable values, we believe

that chloroform is capable of interacting by H-bond interaction with the oxygen present in the TOPO polar head and could explain the similar  $\delta$  observed for both the system TOPO/CDCl<sub>3</sub>—without self-organization—and mixed water/AOT:TOPO/ML. When water is incorporated in the TOPO/ML system (Figure 6B), the P=O signal appears at  $\delta = 43.4$  ppm, 1.7 ppm downfield compared with the value observed in the absence of water.

On the other hand, there is a slight downfield shift in the P=O signal upon increasing the  $W_0$  in the mixed RMs (Figure 6C). At  $W_0 = 0.5$ , the P=O signal shifts only 0.3 ppm downfield compared with the value at  $W_0 = 0$  ( $\delta = 47.0$  ppm). Moreover, when water is encapsulated in small quantities into mixed RMs, the difference in the chemical shift is about 6 times less than that observed in the pure TOPO/ML system ( $\Delta\delta = 1.7$  ppm, see Table 2). This means that the water–mixed interface interactions are weaker than the water–pure AOT RM interface interactions at very low  $W_0$  values.

## CONCLUSION

In the present study, we demonstrate the existence of pure AOT and mixed AOT:TOPO self-organized assemblies dispersed in a nontoxic ML medium. When the  $X_{\text{TOPO}}$  increases, the water solubilization capacity diminishes dramatically. SAXS curves reflect a decrease in the micellar size with increasing TOPO content. Also, the analysis of the  $\rho(r)$  function confirms the very small structures like discrete droplets with nearly spherical shape, slightly elongated, and shows larger structures like oligomeric species at higher TOPO content in the micellar solution. Furthermore, the nonionic surfactant increases notably the mixed interfacial fluidity. The overall behaviors were rationalized in terms of the great activity of the nonionic surfactant at the micellar interface and the increase of the effective packing parameter. On the other hand, the molecular probe 4-AP senses (i) an increase in the local micropolarity and/or (ii) an increase in the capability to form H-bond interaction between 4-AP and the mixed interface when TOPO is incorporated. Furthermore, the probe undergoes the REES effect when it is dissolved in the biocompatible RMs, and the decreases in the REES values with increasing  $X_{\text{TOPO}}$  confirm the increase of the interfacial fluidity by TOPO incorporation. It is important to note that the water–mixed interface interactions are weaker than the water–pure AOT interface interactions, as suggested by the solvatochromic behavior of 4-AP and confirmed by <sup>31</sup>P NMR experiments.

We demonstrate that adding the nonionic TOPO surfactant into the AOT RMs produces remarkable changes at the interfacial level, having control on the size, the interfacial fluidity, and the water–mixed interface interactions, properties that were characterized in the work. In particular, both SAXS experiments and REES experienced by the probe 4-AP can be used together to understand the variations of the interfacial fluidity, a property that becomes difficult to measure directly inside RMs.

Several properties of the mixed RMs studied here are similar to those previously reported for the surfactant mixture dissolved in *n*-heptane. However, those peculiar features take place in a biocompatible solvent such as ML, and the environmentally friendly AOT:TOPO mixed RMs generated could be a promissory alternative in the green synthesis of nanoparticles using the RM methodology.



## ■ ASSOCIATED CONTENT

### ■ Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acs.jpcc.7b11395.

Section 1, additional figures and tables from the main manuscript; section 2, general procedure and instrumentation for  $^{31}\text{P}$  NMR, steady state absorption, and emission spectroscopy; section 3, calculation procedure of  $K_p$ ; section 4, 4-AP fluorescence quantum yield determination in ML (PDF)

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### Notes

The authors declare no competing financial interest.

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